



"Because They Work"  
**GRANDMA'S HERBS**



**FREE  
SHIPPING**  
on orders over \$75.00

Questions? Call Us!  
1.800.724.4689



HOME ABOUT US CONTACT US INFO / ARTICLES AFFILIATE BLOG

HERBS A - Z >> Product Articles >> Enhance Your Libido 191

## Herbs

anxiety and stress  
Balanced Bowel  
Blood Cleansing  
Cold and Flu Prevention  
Cold and Flu Season  
Diabetes Answers  
Enhance Your Libido  
Female Libido  
Female Libido  
Garcinia Cambogia  
Grandma  
Herbal Colon Cleanse Pack  
Herbal Colon Cleansing  
Herbal Colon Cleansing  
Herbal Laxative  
High Blood Pressure and H  
Immune Booster  
Improve Memory  
Lower Cholesterol Natural  
Male Libido  
Meal Replacement Shake  
Natural Sleep Aid  
New Years Weightloss  
Parasite Problems  
Slim Weightloss Pill  
Stress  
What is a Parasite  
What is Nerve  
What is the Plus in Coral  
Youthful Zest

## Men and Women, You Can Enhance Your Libido!

### Enhance Your Libido!

Did you know that as you age (after age 35-40) there is steady decline in hormone levels that affect your sexual potency, performance and libido?

#### Did you know that both men and women are affected?

As a woman ages, a number of changes take place in the female reproductive system. For women, the cessation of menses (menopause) is an obvious sign of aging. But, it is by no means the only change. A transition period, called the climacteric, lasts for many years before and after a woman's last menstrual period.

**Low testosterone** in men can create problems for many as they age. Low testosterone in aging men is often referred to as andropause or male menopause. Some of the symptoms include irritability, weight gain in the wrong places, loss of muscle tone, inadequate erections and poor sexual performance.

Both men and women have similar issues as the loss of hormones becomes more and more prevalent they include:

- Loss of libido (low sex drive)
- Mood disturbances, including depression, irritability and feeling tired
- Loss of muscle size and strength
- Osteoporosis (bone thinning)
- Increased body fat
- Difficulty with concentration and memory loss
- Sleep difficulties

Have you experienced the steady decline in genital nerve endings, which results in reduced experience of pleasurable sensations and a reduced degree of arousal and engorgement?

If you are an adult and you give that question just a little thought then you will have to admit that you have experienced a decline in feeling even if you're just twenty or thirty years old. As a child the things that hurt then, like a finger prick at the doctor's office, don't really hurt you as much as an adult. The same dulling of the nerves that occurs in areas like your fingertips also occurs in the genital areas. The lowered hormones and the lack of feeling both due to age contribute to a psychological dismissal of sexual desire.

It doesn't have to be that way though. There are hundreds of clinical studies that show that both men and women can enjoy intimacy complete with all of the thrills and feelings they experienced in their twenties.

#### There are certain natural herbs that have been shown in human clinical studies to:

- Increase sexual performance capabilities in both men and women
- Increase libido and desire
- Increase genital sensitivity to heighten the pleasurable sensations
- Increase blood flow to the genitals resulting in increased engorgement (men and women) with improved arousal, performance and sensitivity.

Grandma's Herbs has 2 products that address the libido issues. Male Libido and Female Libido both have herbs and natural ingredients in them that have proven themselves over time.

**Female Libido** contains; Oak Straw (herb) extract 4:1, Nettle (herb) extract 4:1, Muira Puama (root & bark), L-Arginine, L-Tyrosine, L-Histidine, Horny Goat Weed (Leaf), Maca (root), Corn Sild (herb), Siberian **Ginseng** (root), Damiana (herb) extract 5:1, Saw Palmetto (berry), **Tribulus Terrestris** (herb), Dark Coco Powder, Wild Yam (root), Black Cohosh (root), Royal Jelly.

**Male Libido** contains; Yohimbe (bark) extract 4:1, Muira Puama (root & bark), L-Arginine, L-Taurine, Maca (root), Tribulus Terrestris (herb), Saw Palmetto (berry), Nettle (herb) extract 4:1, Korean Ginseng (root) extract 15%, Horny Goat Weed (leaf), Damiana (herb) extract 4:1, Mucauna Velevetbeen (herb), Lycopine.

Some of the key ingredients in both of the formulas are:

#### Tribulus terrestris

Tribulus terrestris is a flowering plant in the family Zygophyllaceae. It is native to warm and

Follow us:  
for the latest information on  
herbs and our products



Like

47 people like this. Be the first of your

#### Related Products



"Because They Work"  
**GRANDMA'S HERBS**

Lost Your Lust?

Order  
Grandmas Herbs  
Libido Now!



"Because They Work"  
**GRANDMA'S HERBS**

Lost Your Lust?

Order  
Grandmas Herbs  
Libido Now!



AdChoices

#### Boost Testosterone 40+

www.Nugenix.c...

How to quickly  
boost your  
testosterone so you  
feel great



**The One Thing You Should Do  
For Your Prostate Every Morni**  
Renowned doctor reveals 5 simple  
tips to keep your prostate healthy

+7

tropical regions of southern Europe, southern Asia, throughout Africa, and in Australia. It can thrive in harsh conditions and is extremely hardy. Tribulus is a herb that has been used in the traditional medicine of China and India for thousands of years to increase libido and stamina. It is not a new herb for increasing libido but received recognition when Olympic athletes claimed it increase their performance and sex drive. Its increased popularity occurred in the mid-'90s when Eastern European Olympic athletes used it as a performance enhancing supplement. They noticed that along with better athletic performances there was also a noticeable difference in the sexual drive of the athletes.

The active compounds in tribulus are steroidal saponins, including furostanol glycosides and spirostanol glycosides. These saponins are found primarily in the leaf of the plant.

A research team performed a clinical study in Bulgaria and Russia. The studies showed that tribulus increases levels of testosterone (by increasing luteinizing hormone), DHEA, and estrogen and the increase was as much as 40% after supplementation. Studies on animals have found that tribulus heightened sexual behavior and increased blood flow.

This is believed to from an increase in testosterone levels .

#### **Muira Puama:**

Muira Puama is used to improve psychological and physical aspects of libido and sexual function, menstrual cramps and PMS, neurasthenia, to tone the nervous system and for treating cases of mild exhaustion. It helps with gastrointestinal and reproductive disorders, stress and trauma. It is known in some circles as "the Viagra of the Amazon" .

Muira Puama is one of the most active botanicals with a long history of traditional use as an energy tonic, general health improver and remedy for impotence & sexual insufficiency. It is known in some circles as "the Viagra of the Amazon". It has been used as an aphrodisiac, anti-rheumatic, anti-stress, anti-dysenteric, CNS-stimulant, nervine, neurasthenic, and a tonic. The roots of this Amazonian tree were the subject of a study conducted by the UCLA School of Medicine.

The study showed a significant improvement in both erectile function and sexual desire. The Amazon natives have known this for centuries, as this herb has been widely used as an aphrodisiac by both men and women, and is commonly known as "potent wood".

The short term effects of Muira Puama include increasing blood flow to the pelvic area, aiding erections in men as well as sensation and orgasm in women. Longer term use enhances the production of sex hormones in both sexes. It has no noted side effects though, as with many sexual stimulants, it can slightly raise blood pressure.

There are several other ingredients that are just as effective as Muira Puama or Tribulus Terrestris in Grandma's Herbs Male Libido and Female Libido. We have researched them and included them in these fantastic formulas. When it comes to having a real zest for life and lust for your partner Grandma's Herbs really hit a bull's eye.